

**INSTRUCTIONS ON HOW TO COMPLETE THE MEDICAL EXAMINATION AND AUTHORIZATION  
FORM FOR STUDY ABROAD AT FORDHAM UNIVERSITY**

**Introduction:**

Fordham University Health Services' staff is your resource for travel assessment and advice on how to medically prepare before you travel abroad. We provide clear and concise pre-travel health care and immunizations to our traveling students so they may remain healthy and safe on their trip.

For information on vaccines that may be required for your trip, and other health advisories that may apply, you can visit the Centers for Disease Control (CDC) Travelers' Health site (<https://wwwnc.cdc.gov/travel>) and Travel.State.Gov site (<https://travel.state.gov/content/travel.html>).

We strongly recommend that you consult with a medical provider at least six weeks prior to your departure. Some immunizations require a couple of doses over time and may need to be administered several weeks before your departure.

When you make an appointment to get your "Medical Examination and Authorization Form for Study Abroad" completed, you will receive professional advice that is tailored to your personal health profile and to the characteristics and risks of your country of destination.

**Medical Requirements:**

For acceptance into Fordham's Study Abroad Program, you will be required to have the "Medical Examination and Authorization Form for Study Abroad" completed by a medical provider. The University Health Services can provide this service to students at Rose Hill and Lincoln Center.

**Making an appointment at Fordham University Health Services:**

Fordham University Health Services will need your updated immunization record and a list of your current medications preferably **before you come in for your appointment** in order to ensure efficient completion of this process.

***Scheduling the Study Abroad Physical Appointment:***

These appointments can be scheduled by calling (RH) 718-817-4160/ (LC) 212-636-7160

***During your Appointment:***

We will review your travel itinerary, health history, and provide the appropriate services to support a healthy and safe trip. This includes:

- An assessment of your immunization and health-care needs based on your itinerary and personal health history.
- Immunizations that are required and recommended for travel anywhere in the world.
- Education on prevention and treatment of commonly encountered health problems in the area of the world you plan to visit (food and water precautions, mosquito-borne illness, altitude sickness, sun protection, immunizations, and other relevant concerns).
- Fordham University Health Services does not do any health insurance billing. There is a nominal cost for the physical examination as well as any immunizations, tests, or medications needed.
- Many insurance companies do not cover expenses related to travel medicine. You can check with your insurance company.